FEBRUARY 2018

1st Floor

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				10am Bay Area News **10:30am** Chair Tai Chi **11:00am** Poetry **11:30am** Sing-a-Long **2pm** Dominos/ Puzzles **2:30pm Sign Language-WU-Michael** **3pm** Zen & Tea **4pm** National Geographic **6pm** Basketball **1**	**Ground Hog Day** **10am** News Updates **10:30am** Morning Body Stretch **11am** Story of the Ground Hog **11:30am** IN2L **2pm Mind Fit-WU** **3pm** Time slips w/ Ashley **4:15pm Shabbat** **6pm** Yoga Stretch **2**	**10am** Scenic Ride **10:30am** Collaborative Art **11:30am** Sing-a-Long **2pm** Music with Dawn **3pm** Afternoon Stretch **4pm** Saturday Matinee **6pm** Volleyball **3**
Super Bowl LII **10 am** News Updates **10:30 am** Music Duet w/ David **11am** Trivia **11:30am** Sing-a-Long **2pm** Art with Kamene **3pm Super Bowl Game** **6pm** Volleyball **4**	**10am** Monday Morning Updates **10:30am** Morning Stretch **11am** Trivia-iN2L **11:30** Painting Hearts **2pm** Bingo **3pm** Reminiscing **4pm** The Crown-Netflix **6pm** iN2L Cycling **5**	**10am** Morning Updates **10:30am** Stretch the Body **11am** Reminiscing **11:30am** Qigong -Margit G. **2pm i**N2L **3:15pm** Sew Fablous Sister's **4pm** Tuesday Evening Classics **6pm** Karaoke **6**	**10am** Scenic Ride **10:30am** Morning Stretch **11am Brazilian Infusion-WU-Carla** **11:30am** Sing-a-Long **2pm** Music Exploration -Lior **3pm** Awakening the Senses **4pm** Animal Planet **6pm** Folding Towels **7**	**10am** Bay Area News **10:30am** Chair Tai Chi **11:00am** Poetry **11:30am** Sing-a-Long **2pm** Dominos/ Puzzles **2:30pm** Trivia **3pm** Zen & Tea **4pm** The Crown-Netflix **6pm** Basketball **8**	**Olympic Winter Games Begin (9-25)** **10am** News Updates **10:30am** Morning Body Stretch **11am** History of the Olympics **11:30am** IN2L **2pm Mind Fit-WU** **3pm** Time slips w/ Ashley **4:00pm** Opening Ceremony Olympics **6pm** Yoga Stretch **9**	**10am** Scenic Ride **10:30am** Collaborative Art **11:30am** Sing-a-Long **2pm** Golden Finger's Thea **3pm** Afternoon Stretch **4pm** Saturday Matinee **6pm** Volleyball **10**
10am News Updates **10:30am** Morning Stretch **11am** Reminiscing **11:30am** Chris on Clarinet **2pm** Art with Kamene **3pm** Puzzles/Dominos **4pm** Sunday Night Olympics **6pm** National Geographic **11**	**10am** Monday Morning Updates **10:30am** Morning Stretch **11am** Cycling-iN2L **11:30 am Card Making-WU-Hospitals** **2pm** Bingo **3pm** Scrabble **4pm** Monday Night Olympics **6pm** Smithsonian **12**	**10am** Morning Updates **10:30am** Stretch the Body **11am** Reminiscing **11:30am** Sing-a-Long **2pm i**N2L **3:15 pm** Sew Fabulous Sister's **4pm** Tuesday Evening Olympics **6pm** Rocking with Todd **13**	**Valentine's Day** **10am** Scenic Ride **10:30am** Morning Stretch **11am** Baking w/ Tracy **11:30am** Sing-a-Long **2pm** Music Exploration -Lior **3pm** Awakening the Senses **4pm** Comedy Classics **6pm** Wednesday Evening Olympics **14**	**10am** Bay Area News **10:30am** Chair Tai Chi **11:00am** Poetry **11:30am** Sing-a-Long **2pm** Dominos/ Puzzles **2:30pm Sign Language-WU-Michael** **3pm** Zen & Tea **4pm** Feed Phil-Netflix **6pm** Basketball **15**	**Chinese New Year** **10am** News Updates **10:30am** Morning Body Stretch **11am** Trivia **11:30am** IN2L **2pm** Bingo/Fortune Cookie Fun **2:30pm** Playback Theatre **3pm** Time slips w/ Ashley **4pm** Friday Olympic Games **6pm** Evening Stretch **16**	**10am** Scenic Ride **10:30am** Collaborative Art **11:30am** Sing-a-Long **2pm Coffee...-WU-2nd floor** **3pm** Afternoon Stretch **4pm** Saturday Matinee **6pm** Volleyball **17**
10am News Updates **10:30am** Music Duet w/ David **11:30am** Sing-a-Long **2pm** Art w/ Kameme Crossword Puzzle **3pm** Trivia **4pm** Sunday Matine **6pm** Olympics **18**	**U.S. Presidents' Day** **10am** Monday Morning Updates **10:30am** Morning Stretch **11am** Trivia-iN2L-US Presidents' **11:30** Sing-a-Long **2pm** Bingo **3pm** Scrabble **4pm** Great Presidents' **6pm** iN2L Cycling **19**	**10am** Morning Updates **10:30am** Stretch the Body **11am** Reminiscing **11:30am** Qigong -Margit G. **2pm i**N2L **3:15pm** Sew Fablous Sister's **4pm** Tuesday Evening Olympics **6pm** Karaoke **20**	**10am** Scenic Ride **10:30 am** Morning Stretch **11 am** Baking w/ Tracy **11:30 am** Sing-a-Long **2 pm** Music Exploration -Lior **3pm** Awakening the Senses **4 pm** Olympics **6 pm** Folding Towels **21**	**10am** Bay Area News **10:30am** Chair Tai Chi **11:00am** Poetry **11:30am** Sing-a-Long **2pm Cook-Off-WU** **2:30pm** Trivia **3pm** Zen & Tea **4pm** David Letterman Interviews-Netflix **6pm** Basketball **22**	**10am** News Updates **10:30am** Morning Body Stretch **11am Resident Council** **11:30am** IN2L **2pm** Bingo **2:30pm** Playback Theatre **3pm Women's Group-WU** **4pm** Friday Night Movie **6pm** Evening Stretch **23**	**10am** Scenic Ride **10:30am** Collaborative Art **11:30am** Sing-a-Long **2pm** Golden Finger's Thea **3pm** Afternoon Stretch **4pm** Saturday Matinee **6pm** Volleyball **24**
10am News Updates **10:30am** Morning Stretch **11:30am** Sing-a-Long **2pm** High Tea Music with Sylvia & Chuck **3:30pm** Poetry **4pm** Olympics Closing Ceremony **6pm** Evening Stroll **25**	**10am** Monday Morning Update **10:30am** Morning Stretch **11am** Cycling-iN2L **11:30 am Card Making-WU-Hospital's** **2pm** Bingo **3pm** Scrabble **4pm** The Crown- Netflix **6pm** Folding Table Cloths **26**	**10am** Morning Updates **10:30am** Stretch the Body **11am** Poetry **11:30am** Sing-a-Long **2pm Cheeses Around the World-WU** **3pm** Sew Fablous Sister's **4pm** Tuesday Evening Classics **6pm** Karaoke **27**	**10am** Scenic Ride **10:30am** Morning Stretch **11am** Baking w/ Tracy **11:30am** Sing-a-Long **2pm** Music Exploration -Lior February Birthday Celebration **3pm** Awakening the Senses **4pm** Animal Planet **6pm Valentine's Couples Dinner** **28**			

ACTIVITY LOCATOR KEY

Threshold Choir every Monday at 3:30pm

Family Support Group every Sunday 3:30pm-5pm

Group Outings every Friday

Subject to Change