

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>New Year's Day</b> 10 am Morning News 10:30 am Morning Stretch 11 am Rose Bowl Parade 11:30 New Year Resolution's 2 pm Georgia vs. Oklahoma 2:30 pm Scrabble 4pm Monday Musical 6 pm Monday Night Football <b>1</b>	10 am Morning News 10:30 am Exercise 11 am Reminiscing 11:30 am Sing-a-Long 2 pm IN2L 3 pm Trivia 4 pm Tuesday Netflix Pix 6 pm Garden Walk <b>2</b>	10 am Scenic Ride 10:30 am News Updates 11 am <b>Brazilian Infusion-WU-Carla</b> 2pm Bingo 3 pm Reminiscing 4pm Netflix Movie 6pm Bowling <b>3</b>	10 am Bay Area News 10:30 am Chair Tai Chi w/ Bill 11am Poetry 11:30 Sing-a-Long 2 pm Board Games/Dominos 2:30 pm <b>Sign Language-WU-Michael</b> 3 pm Zen & Tea w/ Caitlin 4pm History Today 6pm Thursday Night Football <b>4</b>	10 am News Updates 10:30 am Morning Stretch 11 am Chair Zumba 11:30 am iN2L 2 pm <b>Mind Fit-WU</b> Ladies & literature-Caitlin 3 pm Timeslips w/ Ashley 4:15 pm Shabbat 6 pm Folding Napkins <b>5</b>	10 am Scenic Drive 10:30 am Collaborative Art with Intern Sara & Ashley 11:30 am Sing-a-Long 2pm Crossword Puzzle 3pm Afternoon Stretch 4pm Saturday Matinee 6pm Volleyball <b>6</b>
10 am News Updates 10:30 am Music Duet w/ David 11am Trivia 11:30 am Sing-a-Long 2 pm Art w/Kamene 3pm Poetry 4 pm Sunday Night Football 6 pm Stroll in the Garden <b>7</b>	10 am Morning News 10:30 am Morning Stretch 11 am Basketball 11:30 in2L Engagement 2 pm Bingo 2:30 pm Scrabble 4pm Monday Musical 6 pm Monday Night Football <b>8</b>	10 am Morning News 10:30 am Exercise 11 am Qigong w/ Margit 11:30 am Poetry 2 pm IN2L 3 pm Trivia 4 pm Tuesday Netflix Pix 6pm Music w/ Todd <b>9</b>	10 am Scenic Ride 10:30 am News Updates 11 am Cooking w/Tracy 2pm Bingo 3 pm Reminiscing 4pm Netflix Movie 6pm Bowling <b>10</b>	10 am Bay Area News 10:30 am Chair Tai Chi w/ Bill 11am Poetry 11:30 Sing-a-Long 2 pm Board Games/Dominos 3 pm Zen & Tea w/ Caitlin 4pm History Today 6pm Thursday Night Football <b>11</b>	10 am News Updates 10:30 am Morning Stretch 11 am Chair Zumba 11:30 am iN2L 2 pm <b>Mind Fit-WU</b> Ladies & literature-Caitlin 3 pm Timeslips w/ Ashley 4 pm Friday Night Flix 6 pm Folding Napkins <b>12</b>	10am Scenic Drive 10:30 am Collaborative Art with Intern Sara & Ashley 11: 30 Table Games 2 pm Golden Finger's Thea 3 pm In2L 4 pm Saturday Movie 6 pm Garden Walk <b>13</b>
10 am News updates 10:30 am Sunday Stretch 11 am Reminiscing 11:30 Flute w/ Chris Diggins 2pm Art w/ Kamene <b>Coffee and...-WU</b> 4 pm Sunday Night Football 6 pm Comedy Classics <b>14</b>	<b>Martin Luther King Jr. Day</b> 10 am Morning News 10:30 am Morning Stretch 11 am Trivia 11:30 Martin Luther King, Jr.Tribute 2 pm Bingo 2:30 pm Scrabble 4pm Monday Musical 6 pm Monday Night Football <b>15</b>	10 am Morning News 10:30 am Exercise 11am Trivia/ Board Games 2pm <b>Cheeses from Around the World</b> 3 pm Community Art w/Interns 4pm Tuesday Netflix 6pm I Love Lucy <b>16</b>	10 am Scenic Ride 10:30 am News Updates 11 am Cooking w/Tracy 2pm Music Exploration w/ Lior 3pm My Story in2L 4pm History Series 6pm Evening Stretch <b>17</b>	10 am Bay Area News 10:30 am Chair Tai Chi w/ Bill 11am US History Trivia 2pm Sing-a-Long <b>2:30 pm Sign Language-WU-Michael</b> 3 pm Zen and Tea w/ Caitlin 4pm Smithsonian 6pm Thursday Night Football <b>18</b>	10 am News Updates 10:30 am Morning Stretch 11 am Chair Zumba 11:30 am Resident's Council 2 pm <b>Mind Fit-WU</b> Ladies & literature-Caitlin 3 pm Timeslips w/ Ashley <b>19</b>	10 am Scenic Ride 10:30 am Collaborative Art with Intern Sara & Ashley 11 am Morning Stretch 11:30 am Sing-a-Long 2pm Music w/ Dawn 3 pm Reminiscing 4 pm Saturday Night Movie 6 pm Volleyball <b>20</b>
10 am News Updates 10:30 am Music Duet w/ David 11am Poetry 11:30 Sing-a-Long 2 pm Art w/ Kamene 3 pm Crossword Puzzle 4 pm Sunday Night Football 6 pm Stroll in the Garden <b>21</b>	10:00 am Morning News 10:30 am Morning Stretch 11 am Trivia 11:30 am Card Making for Hospitals 2 pm <b>Laughter Yoga-WU</b> 3pm Crossword Puzzle 4 pm Monday Matinee 6 pm Monday Night Football <b>22</b>	10 am Morning News 10:30 am Exercise 11 am Qigong w/ Margit Poetry 2 pm Sing-a-Long 3 pm Reminiscing 4 pm Tuesday Netflix Pix 6pm Evening Walk in the Garden <b>23</b>	10 am Scenic Ride 10:30 am News Updates 11 am Cooking w/ Tracy 2pm Music Exploration w/ Lior 3pm My Story in2L 4pm National Parks 6pm Basketball <b>24</b>	10 am Bay Area News 10:30 am Chair Tai Chi w/ Bill 11am Poetry 11:30 Sing-a-Long 2 pm iN2L 2:15pm <b>Sign Language-WU-Michael</b> 3 pm Zen & Tea w/ Caitlin 4pm History Today 6pm Thursday Night Football <b>25</b>	10 am News Updates 10:30 am Morning Stretch 11 am Chair Zumba 11:30 am iN2L 2 pm <b>Mind Fit-WU</b> Ladies & literature -Caitlin 3 pm Timeslips w/ Ashley 4 pm Friday Night Flix 6 pm Folding Napkins <b>26</b>	10am Scenic Drive 10:30 am Collaborative Art with Intern Sara & Ashley 11: 30 Table Games 2 pm Golden Finger's Thea 3 pm Walk to the Park 4 pm Saturday Movie 6 pm Garden Walk <b>27</b>
10 am News updates 10:30 am Morning Stretch 11 am Trivia 11:30 am Sing-a-Long 2 pm High Tea Music w/ Sylvia & Chuck 4 pm Sunday Matinee 6 pm Evening Stretch <b>28</b>	10 am Morning Stretch 10:30 am News Updates 11 am Reminiscing 11:30am Sing-a-Long 2 pm Bingo/ Football 3 pm Movie Musical 4 pm Monday Musical 6 pm Evening Walk <b>29</b>	10 am Morning News 10:30 am Exercise 11am Yesterday Stories 11:30 pm Sing-a-Long 2pm Crossword Puzzle 3 pm Poetry 4pm Tuesday Netflix 6pm Garden Walk <b>30</b>	<b>Resident's Birthday</b> 10 am Scenic Ride 10:30 am News Updates w/ Tracy 11 am Cooking w/Tracy 2pm Music Exploration w/ Lior 3pm January Birthday Party Reminiscing 4pm Rick Steve's Travel 6pm Evening Stretch <b>31</b>			
	<b>Massage with Pam Ross every Monday at 11 am</b>	<b>JANUARY 2018</b> <i>1st Floor</i>			<b>ACTIVITY LOCATOR KEY</b>	<b>Threshold Choir every Monday at 3:30pm</b> <b>Family Support Group every Sunday 3:30pm to 5pm</b>  <b>Group Outings every Friday 10 am-12:30 pm and 2 pm - 4:30 pm</b>
<b>Subject to Change</b>						